

Evaluating mental health of spouse abused women

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Abstract

Background&Objective: Abusing the married women are among one of the most difficult problem in many countries. In the study, mental health status of spouse abused women was evaluated.

Materials&Methods: 1186 women were selected randomly from all districts of Tehran, undergoing spouse abuse questionnaire and general health questionnaire (GHQ-28). Collected data were analyzed by SPSS software with t-test and multiple regression analysis.

Results: In 1186 study case, 1013 women (85.4%) experienced emotional abuse, 374 ones (31.5%) physical abuse, 360 ones (30.4%) sexual abuse and 206 ones (17.4%) all types of abuse. Also, the abuse victims suffered worse status of general health ($p<0.05$). Examining relation between all types of abuse, as a predictive factor, and general health aspects as an(y) factor, with multiple regression analysis revealed a positive relation, i.e. experiencing any type of abuse could predict worsening of general health ($p<0.05$).

Conclusion: Spouse abused women suffer a worse status in general health. Also they showed emotional disorders. The victims of sexual and physical abuse suffered worse than victims of emotional abuse.

Key Words: Spouse abused women – Mental health – physical, sexual and emotional abuse